The Color Activity: ___ ___ ___ ___

Part 1

1. When I spend time with my friends, I…

☐ talk more than I listen (E)   ☐ listen more than I talk (I)

2. When I make a decision, I…

☐ act first, then think about it (E)   ☐ think about it first, then act (I)

3. When I am in a group, I…

☐ like to be the leader (E)   ☐ like to sit back and observe (I)

4. I would describe myself as…

☐ outgoing and enthusiastic (E)   ☐ quiet and calm (I)

5. I prefer to…

☐ do lots of things at once (E)   ☐ focus on one thing at a time (I)

Results: _____ (E) _____ (I)   <mark>**Winning Letter:**</mark> _____

Part 2

1. When I do my school work, I…

☐ work at a steady pace (S)   ☐ work in bursts of energy (N)

2. I tend to admire or like things that are…

☐ logical and practical (S)   ☐ creative (N)

3. When it comes to time, I tend to…

☐ think about the present (S)   ☐ think about the future (N)

4. When trying to figure out something new, I…

☐ like step-by-step directions (S)   ☐ like to figure things out for myself (N)

5. When making a big decision, I…

☐ think about my past experiences (S)   ☐ trust my gut instincts (N)

Results: _____ (S) _____ (N)   <mark>**Winning Letter:**</mark> _____

Part 3

1. Other people probably see me as…

☐ calm and relaxed (T)   ☐ warm and friendly (F)

2. When I disagree with someone, I…

☐ like to argue my point of view (T)   ☐ avoid the argument (F)

3. I am motivated most by…

☐ doing well and achieving great things (T)   ☐ praise and appreciation from others (F)

4. I make decisions by…

☐ thinking about the facts (T)   ☐ thinking about my feelings (F)

5. I am most likely to…

☐ take few things personally (T)   ☐ take many things personally (F)

Results: _____ (T) _____ (F)   **Winning Letter:** _____

Part 4

1. When I have to make decisions, it is…

☐ very easy (J)   ☐ very difficult (P)

2. I prefer to…

☐ finish projects (J)   ☐ start projects (P)

3. When it comes to rules, I…

☐ see the need for them (J)   ☐ question the need for them (P)

4. I like to…

☐ have a schedule or plan (J)   ☐ be spontaneous and keep things flexible (P)

5. I prefer to…

☐ work first, play later (J)   ☐ play first, work later (P)

Results: _____ (J) _____ (P)   **Winning Letter:** _____